

# Privacy and Confidentiality

Your privacy is important.

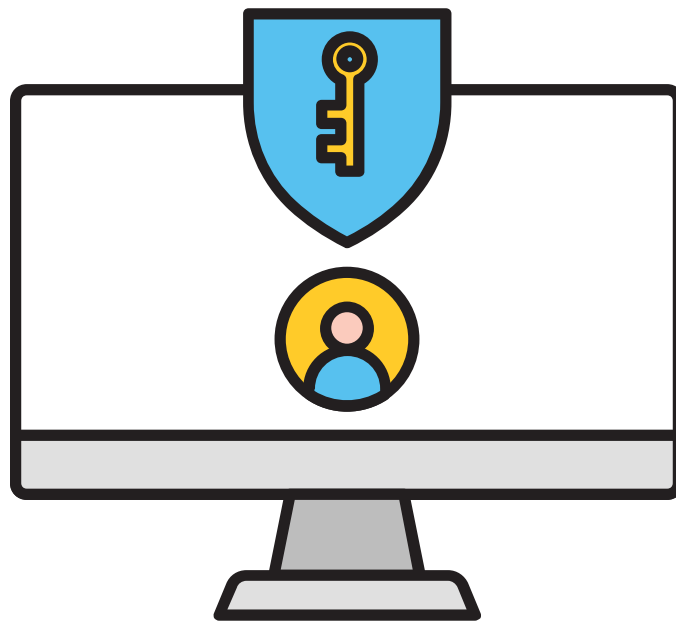
This page explains how your information is kept safe in counselling.



# What does privacy mean?

Privacy means what you talk about in counselling is private.

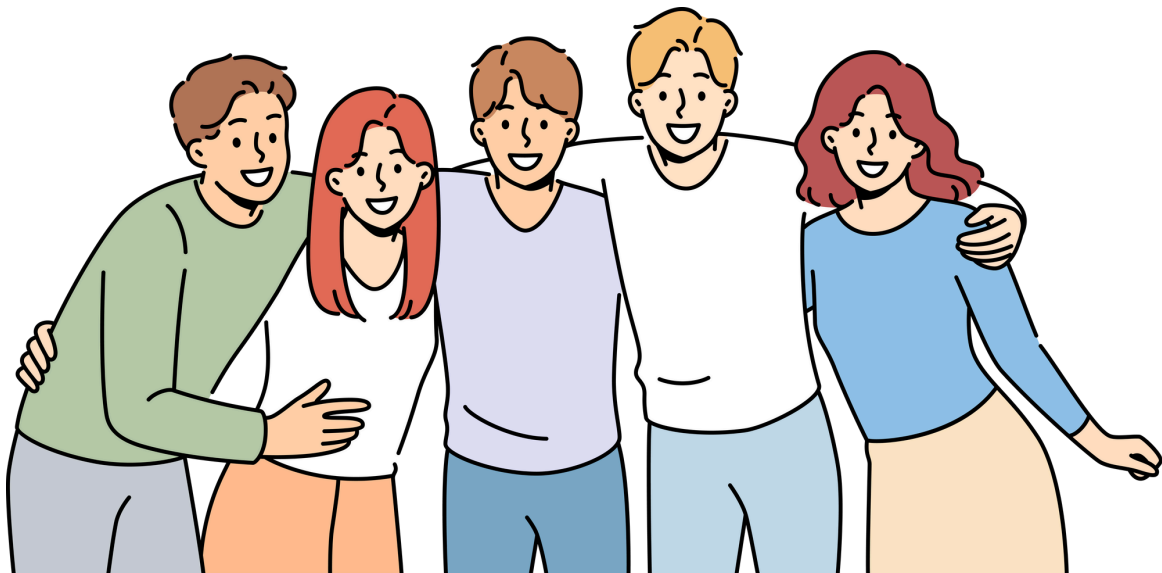
Your counsellor will not share your personal information with other people without your permission.



# When might information be shared?

Your counsellor will only share information if:

- You say it is okay, or
- There is serious risk to your safety or to someone else's safety, or
  - Your counsellor is required by law to share information (For example: Emergency services or Health professionals involved in your care)



# Your rights

You have the right to:

- ✓ Ask questions about your privacy
- ✓ Know how your information is stored
- ✓ See your records if you request access
- ✓ Withdraw your consent to share information

Your personal information belongs to you.

Your counsellor's job is to protect your privacy and safety.

